



Marin Power Yoga 200 Hour Teacher Training Application 2019

Name _____ Date of Application _____

Address _____

Email _____ Date Of Birth _____ M/F _____

Mobile Phone # _____

Emergency Contact _____ Phone # _____

What is your current occupation? _____ How Long? _____

How many years have you been practicing yoga? _____

What style of yoga have you practiced at the most? _____

How frequently do you practice yoga? _____ Where? _____

List all yoga teacher training programs and workshops you have attended?

List any colleges you have attended and degrees attained _____

Do you have any known injuries, physical or mental impairments that will interfere with your training and/or ability to come to class (describe)? _____

Why do you practice yoga? _____

What is a good yoga teacher? _____

What is the hardest part of yoga for you? _____

What is the easiest part of yoga for you? _____

List 2 qualities about yourself that you like. _____

Do you have any concerns about teacher training? _____

Why are you interested in yoga teacher training? _____

Do you have any hobbies, secret skills? _____

Schedule

January 28, 2019 - March 30, 2019**

Monday 12pm-4:15pm

Tuesday 10:45am-4:15pm

Wednesday 10:45am-4:15pm

Friday 12pm-4:15pm***

Saturday 8am-10:45am****

*Expect approx 2-3 hours of homework per week outside of class times

**No classes the week of February 18-24

***Anatomy Workshop 9:30am-4:00pm Friday, March 22, 2019

****Graduation is 11am-1pm Saturday, March 30, 2019

*****Attendance at all sessions above are mandatory in order to graduate

Books - required reading, please purchase all books before the start date.

- 1) Gita Wisdom - An Introduction to India's Essential Yoga Text, By Joshua M. Greene
- 2) Light on the Yoga Sutras of Patanjali, By B.K.S. Iyengar
- 3) Light On Yoga: Yoga Dipika, By B.K.S. Iyengar
- 4) The Language of Yoga, Complete A to Y Guide to Asana Names, Sanskrit Terms and Chants, By Nicolai Bachman
- 5) Thieme Atlas of Anatomy, General Anatomy and Musculoskeletal System, 2nd Edition

Payment

A non-refundable and non-transferable deposit of \$500 is due with your application. This deposit is then subtracted from the total cost of training. If for any reason you are not accepted into the program, your deposit will be refunded in full. Full payment is due prior to the first day of class.

Tuition & Costs

Member paid in full prior to December 31st is \$2500

By January 12th is \$2700

After January 12th the tuition is \$2900.

Public paid in full prior to December 31st is \$2800

By January 12th is \$3000

After January 12th the tuition is \$3200.

*There is a book list which you are responsible for purchasing prior to the start of the program.

*You are responsible for all of your meals during program.

*Limited work/trade assistance is available. Speak to Jamie for more info.

REFUND POLICY

Please note: The \$500 deposit is non-refundable and non-transferable. (If for any reason you are not accepted into the program, your deposit will be refunded in full.)

If a student withdraws from the course:

- 31+ days prior to training, full refund minus deposit.
- 16-30 days prior to training, 50% of training balance, minus \$500 deposit.
- 15 days prior to training, no refund.
- Once training begins: no refund.

I have read and accept the refund policy.

Signature: _____

Date _____

Attendance Policy

By committing to this training, you are expected to attend 100% of the training. There is no amount of hours recommended to miss, please check the dates prior to signing up and prioritize your schedule to maximize your experience. If you miss class there will be opportunities to make up missing hours. If more than 10 hours of class are missed, you will not qualify for certification and must make up the hours in a qualified program held by Marin Power Yoga or approved by Marin Power Yoga at our sole discretion.

I fully understand and agree to the above terms regarding attendance. I am fully committed to attending 100% of the training.

Signature _____

Date: _____

MEDIA, COPYRIGHT & LIABILITY AGREEMENT

As a participant, I agree that any photos or videos produced by Marin Power Yoga from this training may be distributed without limitation, and I shall not receive any compensation. I agree that my participation in the program confers upon me no rights to use, ownership or copyright. I release Marin Power Yoga, its employees, agents, and assigns from all liability which may arise from any and/or all claims by me or any third party in connection with my participation in the program(s).

Signature: _____

Date _____

CODE OF ETHICS

Marin Power Yoga adopts the code of ethics and code of conduct created by Yoga Alliance. Yoga Alliance is a national organization that registers yoga teachers and yoga teacher schools who have complied with their required educational standards. Yoga Alliance sets the standards for both teachers and programs.

Code of Ethics for Yoga Teachers

As a Yoga instructor, I will strive to live in accordance with the principles of Yoga. To the best of my ability, I will adhere to the precepts of the yamas and niyamas, which include non-violence, truthfulness, and purity. As I am dedicated to the well being of my students, I will conduct myself with integrity in all my interactions with them. I will present my qualifications honestly and share the teachings with humility and respect. I will do my best to keep up with my yoga practice both for my personal growth and to be a good example for my students. I realize that it is a privilege to serve in this way, and I am grateful for the opportunity to do so.

YOGA ALLIANCE PREAMBLE TO CODE OF CONDUCT

This Code of Conduct is a summation and declaration of acceptable, ethical and professional behavior by which all Registered Yoga Teachers (RYT and Registered Yoga Schools (RYS) agree to conduct the teaching and business of Yoga. The Code is not intended to supersede the Code of Conduct/Ethics of any school or tradition but is intended to be a basis for yoga ethics.

YOGA ALLIANCE CODE OF CONDUCT

As a Registrant of Yoga Alliance, and as a Registered Yoga Teacher (RYT) or representative of a Registered Yoga School (RYS), I agree to uphold the ethical goals set forth in the following Code of Conduct:

- Uphold the integrity of my vocation by conducting myself in a professional and conscientious manner.
- Acknowledge the limitations of my skills and scope of practice and where appropriate, shall refer students to seek alternative instruction, advice, treatment or direction.
- Create and maintain a safe, clean and comfortable environment for the practice of yoga.

- Actively encourage diversity by respecting all students regardless of age, physical limitations, race, creed, gender, ethnicity, religion affiliations or sexual orientation.
- Respect the rights, dignity and privacy of all students.
- Avoid words and actions that constitute sexual harassment.
- Adhere to the traditional yoga principles as written in the *Yamas and Niyamas*.
- Adhere to all local government and national laws that pertain to my yoga and teaching business.

I agree to adhere to the above code of ethics.

Signature_____

Date:_____

DID YOU REMEMBER?

_____ Completed Application, all sections filled out completely.

_____ Photo (so we can “see” you).

_____ Deposit.

_____ I have made a copy of the Registration Form to keep for my records.

Upon completion of your application, email a copy to jamie@marinpoweryoga.com or drop off a printed copy at the front desk of Marin Power Yoga. Your application will be reviewed within 7 days of receipt, if you are accepted you will receive an email with additional details!